



# LUCAS CATTON

Author, Strategist, Consultant

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## ABOUT LUCAS CATTON

Mr. Catton will be posting a new vlog every two weeks after January 1, 2021. You will receive an e-mail notification with a link to this page whenever a new vlog is published. Please take 3-4 minutes to view Mr. Catton's Introductory video below to learn more about him and the new vlog!

## CONTACT

WEBSITE:

<http://lucascatton.com>

Lucas Catton is the CEO of [Catton Communications](#), a specialty consulting company that works with individuals, small businesses and medium-sized companies to effectively communicate their messages to produce the desired results. We work with strategic relationships, copy writing, high-concept idea generation, marketing plans, SEO tactics, web development, public relations, and so much more. He is CEO of [Advanced Recovery Resources](#) working with individuals and families to help them find the resources they need for a successful recovery from substance abuse, and we also work with rehabilitation programs to help them improve their bottom line without sacrificing clinical excellence.

Mr. Catton has worked in the behavioral health field for more than 20 years as a consultant for dozens of facilities across the country and as a recovery advocate.

He is the author of the children's book, "*We Are All People*," as well as his two memoirs, "*Have You Told All?*" and "*Reconnection*." He was the co-founder of a successful holistic treatment program in Georgia and is also the creator of an alternative online recovery program for people who need resources that are affordable and accessible.

He has appeared as a guest on numerous media outlets and podcasts, and also shares information on his own podcast and YouTube channel. For more information or to connect, visit <http://lucascatton.com>.